



## Building Early Emotional Skills (BEES) for Early Childhood Professionals

### Course Outline

#### Participant Expectations

The BEES for Early Childhood Professionals course is offered over an eight-week timeframe. Once the course begins, each consecutive unit will open each week of that 8-week timeframe. Each Monday at 12:00 AM EST, you will gain access to a new weekly unit. The course site will be available 24 hours a day, 7 days a week, so you are able to login and work on the course content and requirements at your own pace. Each of the weekly units will take approximately an hour to complete. You will not have access to the units all at once until the end of the course. Once a course unit is open to view, it will remain open until the end of the course.

#### Course Schedule

Week	Topic	Description
Registration (September 16 Opens)	Overview and Introduction *Pre-Survey & MiRegistry Credit Open	Learn how to navigate the BEES ECP course, complete course content and understand course requirements to receive a completion certificate.
1 (September 23 opens)	Caregiver Stress and Temperament	Learn about the concept of temperament, your temperament and stress.
2 (September 30 opens)	Child's Temperament and "Fit" Between Caregiver and Child Temperament	Learn about children's temperament and how it fits with your temperament style. Learn ways to boost "fit" if there are areas of difference.
3 (October 7 opens)	Triggers and Managing Feelings *Quiz 1 Opens for Week 1 & 2	Learn about triggers and how to model positive behaviors.
4 (October 14 opens)	Being Reflective About Children's Feelings and My Feelings	Learn how to take a child's perspective, what emotions infants and toddlers feel, infant and toddler cues, how to think about a child's behavior and how to reframe challenging situations.
5 (October 21 opens)	Emotion Coaching – Responding to Children's Feelings *Quiz 2 Opens for Week 3 & 4	Learn about emotion coaching and how to implement emotion coaching.
6 (October 28 opens)	Reducing Biting, Conflicts and Frustrations	Learn the reasons infants and toddlers bite, identify cues that suggest challenging behaviors are coming and learning how to notice emerging emotional skills in children.
7 (November 4 opens)	Handling Tantrums *Quiz 3 Opens for Week 5 & 6	Learn tantrum triggers and how to support young children during a tantrum.
8 (November 11 Opens)	Building a Solid Foundation for Tomorrow *11/12: Quiz 4 Opens for Week 7 & 8 *11/12: Post-Survey Opens	Learn how to increase a child's emotional piggy bank, recognize the link between caregiving today and a child's tomorrow and learn about getting back on track with a child.
Make Up (November 18 Opens)	Time to make up any missing requirements or logged course time	Participants may use this week to make up any missing assignments or logged course time and to download materials or a copy of their course award. Course officially closes on November 22, at 5 pm. All work must be completed by course close.
Course Closes: November 22, 5 pm		





---

## Course Requirements

To receive a completion certificate for training hours you are required to complete the following:

- Complete the BEES Pre-Course Survey
- Visit, review and complete all the weekly content for the overview & introduction module and all eight course units.
- Log at least 6 hours participating in the online course.
- Post one individual response to the prompt question in the weekly discussion forum for each unit.
- Respond to at least two classmates' posts in the weekly discussion form for each unit.
- Complete the individual content quizzes with at least an 80% score (quizzes can be taken multiple times)
- Complete the BEES Post-Course Survey

